

THE CATHOLIC COMMUNITY OF NORTH HARBOUR



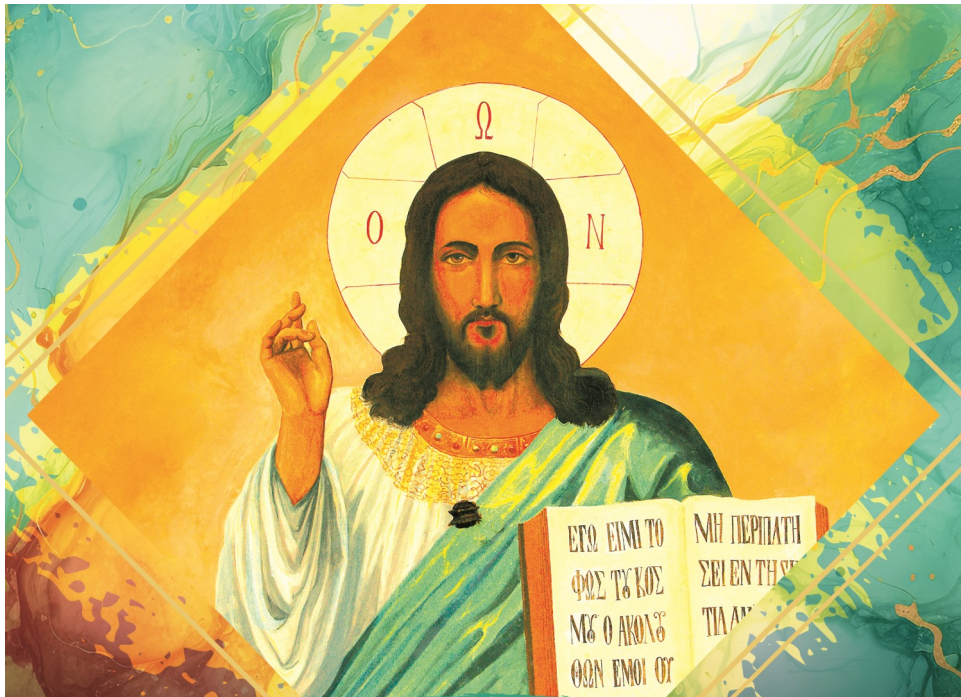
**10
MAR
2024**
YEAR B

Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly

Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay

Want to receive the bulletin via e-mail? Email parishoffice@northharbourcatholic.org.au



4TH SUNDAY OF LENT

For everyone who does wicked things hates the light and does not come toward the light, so that his works might not be exposed.
- Jn 3:20

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD, ©LPI

1ST READING

2 Chronicles 36:14-16, 19-23
After seventy years, the Israelites are released to rebuild the temple.

RESPONSORIAL PSALM

Psalm 136. R. v.6
Let my tongue be silenced, if ever I forget you!

2ND READING

Ephesians 2:4-10
Salvation is not earned but a gift from God.

GOSPEL ACCLAMATION

John 3:16
*Glory and praise to you, Lord Jesus Christ!
God loved the world so much,
he gave us his only Son,
that all who believe in him
might have eternal life.
Glory and praise to you, Lord Jesus Christ!*

GOSPEL

John 3:14-21
Jesus converses with Nicodemus.

MASS & LITURGY TIMES

CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

MASS:

Wednesday, 9am
Sunday, 9am

BAPTISM:

Sunday, 10.30am
1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

RECONCILIATION:

Saturday, 5.00 to 5.45pm
Church of St. Kieran

YOUTH MASS:

2nd Sundays of the month
during the school term.

WEDDING:

Require six months notice and
include Pre-Marriage Course as
part of the preparation.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS:

Monday, Tuesday, Thursday, Friday*, Saturday,
8.30am
Saturday (Vigil), 5.30pm
Sunday, 7.30am, 9.30am, 6pm

*Adoration to the Blessed Sacrament after Mass
on Fridays.*

BAPTISM:

Sunday, 11.30am
1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather. We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present and extend that respect to all First Nations people in our community.



WELCOME TO NORTH HARBOUR

- YOU ARE INVITED
- JOIN US IN OUR VARIED CELEBRATIONS & ACTIVITIES
- CONSIDER SHARING YOUR GIFTS TO US

GET IN TOUCH



WWW.BBCATHOLIC.ORG.AU/NORTHHARBOUR
2 KING STREET, MANLY VALE 2093 NSW

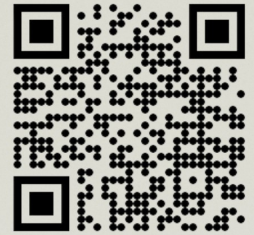


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Scan me!



WHY DO WE DO THAT? Catholic Life Explained

Question:

Who invented the Stations of the Cross?

Answer:

The first Stations of the Cross were walked by Jesus himself on the way to Calvary. Known as the "Via Dolorosa" ("The Way of Suffering") or the "Via Crucis" ("The Way of the Cross"), it was marked out from the earliest times and was a traditional walk for pilgrims who came to Jerusalem. The early Christians in Jerusalem would walk the same pathway that Jesus walked, pausing for reflection and prayer. Later, when Christians could not travel to the Holy Land, artistic depictions of "The Way of the Cross" were set up in churches, or outside and Christians would walk from station to station, reading the Gospel account of the Passion, or simply praying and reflecting on each event. While the content or place of each station had changed, the intention was to make a mini-pilgrimage and follow--literally--in the footsteps of Jesus.

This devotion became better known in the Middle Ages, and the Franciscans are credited with its spread. Lent is a time when many people make the Stations and some churches present Passion plays or Living Stations. But anyone can pray the Stations at any time. It is a simple and personal reflection on the passion of Jesus and what it means to us.

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BRINGING HOME THE GOSPEL

In this reading we hear the famous quote from John 3:16 that we see so often cited by Christian fans at football games: Jesus came, "so that everyone who believes in him may not perish, but may have eternal life." It is important to note that the eternal life Jesus offers us is not just a heavenly kingdom after we die—eternal life means much more.

The life we were born with is limited and finite. We know that every breath we take brings us closer to our physical deaths. The years and gravity take their toll on us, but what Jesus offers us is life outside of time and gravity. It is beyond the wounds and handicaps of our physical world, but it is also very much here and now.

Jesus offers us his life—life with, and in the Triune God in whom we believe. We come to this divine life by fully embracing our human life, just as Jesus did. We accept the limitedness of our humanity with all the pain and joy that entails. We do not suppress our human nature but engage in it fully, always drawn to the light that is Jesus.

We are asked to live each day in the truth of our eternal life so that "...it may be clearly seen that [our] deeds have been done in God" (John 3:21). There is no dichotomy—no spiritual above physical life. Teach your children to value the finite world, especially themselves, body, mind and spirit—one package—loved by God with all its blemishes.

FAMILY RESPONSE:

Take turns telling what you like about each other. Talk about each person's physical as well as spiritual qualities.

PERSONAL RESPONSE:

It is so important to always tell our children the truth. Their trust in us, and sometimes their trust in others later in life, is dependent on it. How good are you at always telling the truth?

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BUT WHOEVER LIVES
THE TRUTH COMES TO
THE LIGHT...

JOHN 3:21



WEEKLY SOCIAL JUSTICE CHALLENGES

The Gospel reading for Cycle B teaches us that God loved us so much that he sent his only Son into the world. The Son brought light into the darkness of sin in our lives. Jesus told us that we also are the light of the world. Your challenge this week is to look at where in our world sin has brought darkness—through greed or hate or violence or prejudice. Then reflect on how you can be and bring light into this ugly situation. How can you be the light of the world for those who live in darkness?



PASTORAL CARE FOR THE HOMEBOUND

Our clergy and pastoral care ministers bring the sacraments of Eucharist, reconciliation, and anointing of the sick to parishioners who are unable to participate because of illness or aging. For more information and to arrange receiving the sacraments, contact Parish Office.

CARE FOR CREATION TIPS

March 14th is International Day of Action for Rivers. Rivers, streams, and creeks were of paramount importance to Jesus, his friends and family, and his entire society. Rivers are essential for the survival of billions of people today who need access to clean and flowing water for drinking, washing, fishing, irrigation, and transportation. What is the nearest river or body of freshwater to you? Consider doing a trash pickup along its banks or shoreline this week, then enjoy some quiet time with God there.



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SICK CALLS

AND OTHER URGENT MATTERS

If you need a priest urgently, please call the appropriate number:

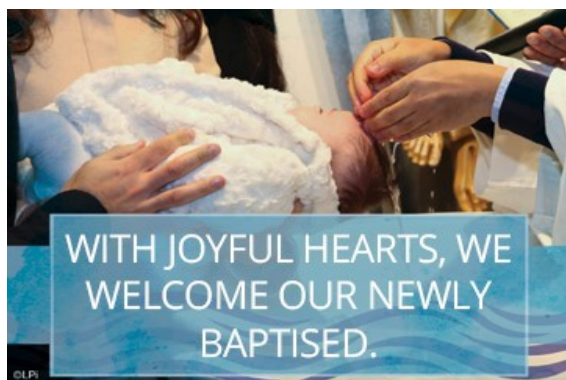
BUSINESS HOURS:

PARISH OFFICE—9949 4455

AFTER HOURS:

(Evenings & Weekends)

0490 898 464



WITH JOYFUL HEARTS, WE
WELCOME OUR NEWLY
BAPTISED.

BAPTISM PREPARATION COURSE
1ST SUNDAY OF EVERY MONTH

We congratulate
local student Laura Kelly
who will be received into the Church
this Sunday at our Youth Mass.

PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Paul Pearson, Greg Hyde, Brian Geraghty

RECENTLY DECEASED:

Sue Walker, Guy Griffiths, Kevin McGrath,
Fr Alberto Esmeralda OSA, Harry Cave

ANNIVERSARIES:

Patricia Jewell

Our community would love to pray for you.

If you have an intention you would like to be included in this bulletin please e-mail
parishoffice@northharbourcatholic.org.au

SUNDAY MASS TIME CHANGE

FROM 6PM TO 5PM
commencing 7 April

CHURCH OF ST KIERAN, MANLY VALE

STATIONS *of the* CROSS

Fridays during Lent
7.30pm
St Kieran's Church

All ages welcome.
Prayer guides provided.

March 15 and 22

CATHOLIC COMMUNITY OF NORTH HARBOUR

CHILDREN'S LITURGY WORD

ST CECILIA'S

SUNDAY, 9AM
10 MARCH
7 APRIL

ST KIERAN'S

SUNDAY, 9.30AM
17 MARCH

Join the *NEW* NORTH HARBOUR CHILDREN'S CHOIR

We are looking for
PRIMARY SCHOOL CHILDREN
to join our choir!
JOIN US FOR MUSIC AND FUN!



If interested, contact the Parish
Office or scan the QR code.

CATHOLIC COMMUNITY
OF NORTH HARBOUR

ALTAR SERVER TRAINING



Open to parishioners of North
Harbour in Year 4 through
high school and have made
their First Holy Communion.



ALPHA FOOD DONATIONS

There is a box in the church foyer if you would like to
donate some food items for the upcoming Alpha
course. Here are some ideas: sweet or savoury
biscuits, chips, corn chips.
If you would like to donate a meal or a
dessert, please text Maria Dunn on
0402 202 135.



PROJECT COMPASSION FOR ALL FUTURE GENERATIONS

PROJECT COMPASSION BOXES
ARE AVAILABLE IN THE FOYER

caritas.org.au/project-compassion



PALMS NEEDED!!!

Palm Sunday

24 MARCH

It is PALM SUNDAY ON 24 MARCH.
If you have palm branches or fronds that you can donate to church, please bring them to the parish office on **Friday 22 March**. If they are pre-cut, that will be a great help!
Thank you.

Passover MEAL

LAMB HERBS BREAD

HOLY THURSDAY (28 March)

Liturgy starts at 6pm
St Kieran's Parish Centre

ALL WELCOME!!!

The Jewish Seder is the annual meal that Jews celebrate to commemorate the Passover. The Mass is the New Covenant fulfillment of the Old Covenant Passover.

Join us so you can learn about this religious heritage.

Feel free to bring some green salad and red wine to share.

FAMILIES COME GATHER

SATURDAY 23 MARCH
5PM MASS
ST CECILIA'S CHURCH



Holy Thursday

28 March

St Kieran's Church, Manly Vale

6pm Passover Meal
7.30pm Mass of the Lord's Supper followed by Night Prayer

"Do this in Memory of Me"

ST CECILIA'S CHURCH, BALGOWLAH

10am, Reconciliation
10.30am, Stations of the Cross
3pm, Passion of the Lord

ST KIERAN'S CHURCH, MANLY VALE

8.30am, Morning Prayer
9am, Reconciliation
10am, Stations of the Cross
3pm, Passion of the Lord

29 MARCH

Good Friday

HOLY SATURDAY & EASTER SUNDAY

30 MARCH, HOLY SATURDAY

8.30AM MORNING PRAYER (ST KIERAN'S)
5PM RECONCILIATION (ST KIERAN'S)
7PM EASTER VIGIL (ST KIERAN'S)

31 MARCH, EASTER SUNDAY

7.30AM MASS (ST KIERAN'S)
9AM MASS (ST CECILIA'S)
9.30AM MASS (ST KIERAN'S)



Youth MASS

Sunday 12 May, 5pm
 St Kieran's Catholic Church
 2 King St., Manly Vale 2093 NSW

All welcome!

followed by a sausage sizzle
 & light refreshments



explore

life
faith
meaning

Alpha runs every **Friday at 6.45pm** in the Parish Centre. Come and see, you're welcome to try.

Alpha is an opportunity to explore life, faith and God, reconnect with community, and meet new friends, in a friendly, open and informal environment.

Testimonials
 "Best thing I have ever done. Thanks to all" – Glenys Cunningham
 "Extremely well hosted and very friendly from day 1. Highly recommend." – Danielle Parholz

Sharing the Gospel

Whenever the Israelites touched the rod with a snake on it in Moses' hand, they were healed. In the same way, Jesus wants everyone to be healed from sin. Clean up your bedroom. Set the table. Take out the rubbish. Pull the weeds from the garden. Pray for the sick on your street. When you do good things everyone will know how much you love God and everyone God made.

Prayer

Holy Spirit, show me how to be helpful to my family and friends.

Mission

I will give thanks to God in the morning, at lunch, and at bedtime.

©LPi



Promoting a safer *Church*

The care and protection of children, young people and adults involved in Church activities is the responsibility of everyone who participates in the LIFE of the Church.

SAFEGUARDING
 is everyone's responsibility



COLOR

Read the Gospel of the week and color the image.





Come, Lord, and act. Rouse and renew us; kindle us and carry us away; shine before us and be gentle with us. Let us love and run toward You.

Confessions 8, 4

- St. Augustine of Hippo

NEXT WEEKEND (17 MARCH): 5TH SUNDAY OF LENT, YEAR B

1st Reading

Jeremiah 31:31-34
The Lord promises a new covenant.

Responsorial Psalm

Ps 50:3-4. 12-15. R. v.12
Create a clean heart in me, O God.

2nd Reading

Hebrews 5:7-9
Christ is the source of salvation for all who obey.

Gospel Acclamation

John 12:26
*Glory to you, Word of God,
Lord Jesus Christ!*
*If you serve me, follow me, says
the Lord; and where I am, my
servant will also be.*
*Glory to you, Word of God,
Lord Jesus Christ!*

Gospel

John 12:20-33
*Jesus foretells of his death and
resurrection.*

16 MAR, 5.30PM
ST KIERAN'S

Senior Server
Stephen

Readers
Rick
Elizabeth-Anne

Music
Filipino Choir

Communion Min
Volunteer needed

Powerpoint
Volunteer needed

Welcomers
Volunteers needed

17 MAR, 7.30AM
ST KIERAN'S

Senior Server
Michael

Readers
Andrew
Elsie

Music
No music

Communion Min
Volunteer needed

Powerpoint
Volunteer needed

Welcomers
Volunteers needed

17 MAR, 9AM
ST CECILIA'S

Senior Server
Ian

Readers
Kerry
Sandra

Music
Conmen

Communion Min
Volunteer needed

Powerpoint
Volunteer needed

Welcomers
Volunteers needed

17 MAR, 9.30AM
ST KIERAN'S

Senior Server
Catherine

Readers
Cathie
Dale

Music
Joshua 24:15

Communion Min
Volunteer needed

Powerpoint
Volunteer needed

Welcomers
Volunteers needed

17 MAR, 6PM
ST KIERAN'S

Senior Server
Claire-Louise

Readers
Jo
Rodney

Music
Sam

Communion Min
Volunteer needed

Powerpoint
Volunteer needed

Welcomers
Volunteer needed

OBSERVANCES FOR THE WEEK OF 10 MARCH

Mon 11 Mar: Monday of the 4th Week of Lent
Tue 12 Mar: Tuesday of the 4th Week of Lent
Wed 13 Mar: Wednesday of the 4th Week of Lent
Thu 14 Mar: Thursday of the 4th Week of Lent
Fri 15 Mar: Friday of the 4th Week of Lent
Sat 16 Mar: Saturday of the 4th Week of Lent

The Catholic Community of North Harbour



Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay www.bbcatholic.org.au

Parish Office 2 King Street, MANLY VALE 2093 NSW AUSTRALIA
P 02 9949 4455 E office@northharbourcatholic.org.au W www.bbcatholic.org.au/northharbour

Office Hours 9.00am to 4pm (Monday to Friday)

Parish Churches **Church of St Cecilia** Wanganella St and White St, Balgowlah 2093 NSW
Church of St Kieran 2 King St, Manly Vale 2093 NSW

Parish Staff **Parish Priest:** Fr Michael Belonio, OSA E pp@nhcatholic.org.au
Asst Priest: Fr Paul Maloney, OSA E paul.maloney@osa.org.au
Asst Priest: Fr Jumbim Torres, OSA E jtorres@nhcatholic.org.au
Asst Priest: Fr John Zhang E jzhang@nhcatholic.org.au
Parish Manager: Jacky Worthington E manager@nhcatholic.org.au (Mon, Wed, Thu)
Parish Secretary: Jane Filacuridi E office@nhcatholic.org.au (Mon, Tue, Wed)
Parish Secretary: Anne Ross E office@nhcatholic.org.au (Thu, Fri)
Catechists, Family & Sacramental Ministries: Ursula Halloway M 0450 101 767 E families@nhcatholic.org.au
Music Ministry: Marianne Kaw-Deveza E music@nhcatholic.org.au
Augustinian Brother: Van Tu Nguyen, OSA E tunguyen@osa.org.au

Resident Priests Fr Hoang-Minh Tan, OSA E minhtanhoang@yahoo.com.au
Fr Peter Jones, OSA E peter.jones@osa.org.au (Prior Provincial)
Fr Abel van der Veer, OSA E vabelvanderveer@gmail.com (Retired)
Fr Senan Ward, OSA E senanward@bigpond.com (Chaplain, St. Augustine's College, Brookvale)

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WATERMARX X GRAPHICS

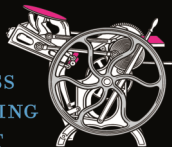
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St Cecilia's Catholic
Primary School



Principal: Ms Louise O'Brien

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Principal: Ms Anna Marsella

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for your continued support.
Thank you!*



North Harbour
PARISH

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